

PRESS BRIEF

INDIAN COAST GUARD ORGANISED 10K RUN

New Delhi, 08 Mar 26: As part of the Golden Jubilee celebrations of the Indian Coast Guard and in commemoration of International Women's Day, a Coast Guard 10K Run was organised, drawing an enthusiastic participation of around 2200 runners, including personnel, families, and citizens.

The event featured three categories of run — 10 km, 5 km and 3 km, making it accessible to participants across different age groups and fitness levels. In its maiden edition, the run successfully fostered a spirit of fitness, camaraderie and community participation, bringing together members of the Coast Guard fraternity and the public in a shared celebration of health and unity. The event also witnessed active participation from members of the Coast Guard Welfare and Wellness Association (CGWWA).

The run further highlighted the strength, resilience and leadership of women, recognising their invaluable contributions both within the uniformed services and across society. From safeguarding the nation's maritime frontiers with dedication to inspiring positive change within communities, women continue to play a vital role in shaping a stronger and more inclusive future.

The event stood as a tribute to the achievements of women and a celebration of empowerment, unity and progress, while reinforcing the Indian Coast Guard's commitment to promoting fitness, inclusivity and community engagement as part of its 50 Years of dedicated service to the nation.

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